

Objectives as per contract	Report on progress against performance measures as per contract- July 1 st 2024 – December 31 st 2024
A. Leading	
<p>A1- Advocate on key strategic issues relating to play, active recreation, and sport.</p> <p>A2- Utilise and support research to inform strategy and programme development to ADC staff.</p> <p>A3- Maintain and develop working relationships with key stakeholders and community groups to enhance play, active recreation and sport.</p> <p>A4- Ensure spaces and places meet the needs of the community to increase/improve participation in play, active recreation and sport.</p> <p>A5- Celebrate success.</p>	<p>We continue to advocate for play, active recreation, and sport in a range of settings and communities, and continue to monitor emerging trends and issues in this space.</p> <p>Over the past 6 months, the following progress has been made against the performance measures:</p> <p>Sport Canterbury continues to maintain and develop working relationships with key stakeholders and community groups. This is evidenced in the last 6 months, through membership on Safer Mid Canterbury, Mid Canterbury Funders Forum, Bike Skills Park Steering Group, Refugee settlement support service, Aging Well Group, as well as other groups, as and when required. Through this, the following has been achieved/progress has been made:</p> <ul style="list-style-type: none"> • Sport Canterbury provided support for older adults in the Ashburton District through multiple avenues. Firstly, Sport Canterbury supported and attended the ‘Spring is Sprung’ Older Adults Falls Prevention expo. Sport Canterbury had a stall to educate older adults on the importance of strength, balance and exercise, as well as promoting the local classes existing in the area. We also developed the promotional flyer for this expo that was distributed throughout the Ashburton community prior to the event. This expo attracted 110 older adults and health professionals, which provided the opportunity for us to engage and connect with the community. Sport Canterbury was also invited to the Hakatere Marae Kaumātua group, to present about the importance of strength & balance exercise. As well as discussing local classes, at-home options, balance testing and staying active, we provided many resources for the Marae so they can continue promoting the importance of staying active as we age. • Sport Canterbury completed its reapprovals of all Ashburton based community strength & balance classes and approved two new classes into the approval

	<p>program. These were Aqua Move and Aqua Fit at EA Networks Centre, both classes were extremely popular among older adults and the instructors ran a fun, beneficial and professional class. Sport Canterbury was excited to award ACC approval for these classes, making nearly 30 weekly community strength & balance approved classes running weekly in the district.</p> <ul style="list-style-type: none">• Sport Canterbury continues to be an active member of the Bike Skills Park Steering Group. We provided funding of \$2,450 (plus GST) through our organisation's Spaces and Places budget. This funding was required to advance the project from the design phase to the detailed design phase. The project can then for determine the specific costs necessary for future funding applications and sourcing contractors. Furthermore, the group has transitioned into a Trust, which enhances opportunities for securing funding for the project. Sport Canterbury will remain involved with the group, supporting community consultation as needed and continuing to advocate for accessibility and inclusion as we move into 2025.• Sport Canterbury is also a member of the Immigration Network Group. This group supports new migrants to the Ashburton community. Our role is to facilitate connections which support access to play, active recreation and sport opportunities that are appropriate and relevant.• Sport Canterbury was given the opportunity to join a newly established group called Ageing Well. This initiative aims to support the Ashburton community in addressing the needs of its aging population. Sport Canterbury's role will be to ensure that physical activity and accessibility options are integral to the community's development. We have expressed our support for this initiative by submitting a letter in favour of the group's initial funding application, which is intended to cover the needs assessment stage for developing an Age-Friendly Strategy and Action Plan for the Ashburton District.
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	<ul style="list-style-type: none">• A Sector Connect was facilitated with attendees from key Sports Organisations in attendance. See below (enabling section) for further information. <p>Sport Canterbury continues to celebrate success, with the following achieved/progress being made:</p> <ul style="list-style-type: none">• Students from Ashburton College and Mount Hutt College were nominated for the Aoraki Secondary School Sports Awards. Mount Hutt College submitted one athlete for consideration, while Ashburton College nominated 12 individuals and one team. Students from Ashburton College received several awards, including Overall Female Sportsperson of the Year, Team of the Year, and six Aoraki Future Champion awards. Additionally, one student was recognised for their contributions to both sport and the community in the Good Sort – Contribution to Sport category. These nominations celebrate achievements from October 2023 to October 2024, with the awards night celebration held in November 2024.• The Mid-Canterbury Sports Awards are an important annual event that provides an opportunity to recognize and celebrate the achievements of individuals who have excelled in their chosen sports. In addition to honouring community sporting legends and volunteers, the awards play a significant role in acknowledging the impact of sports in our community. We are now in the planning stages for the 2025 Sports Awards.• We continue to utilise our Sport Canterbury – Mid Canterbury Facebook Page which has 473 followers, enabling further reach of community success stories and awareness of Play, Active Recreation and Sport.• Sport Canterbury engages in weekly radio segments on Hokonui FM, enabling a platform to share information about play, active recreation, and sports within the community. Each week, the discussions encompass a
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	<p>variety of topics, including current social sporting opportunities, upcoming tournaments, club open days, and activities planned for the week ahead. The segments also emphasise local movement opportunities, encouraging the use of bike tracks, walkways, and parkrun, among others. Furthermore, this time is utilised to recognise local sporting achievements in real-time, celebrating the accomplishments of teams, schools, and individuals while updating the community on their successes.</p>
<p>Enabling</p>	
<p>B1- Grow and develop the capability of individuals and organisations to improve play, active recreation and sports participation and make healthier choices for their communities.</p>	<p>We continue to enable individuals and organisations to improve or support play, active recreation and sports participation and make healthier choices for their communities.</p> <p>Over the past 6 months, the following progress has been made against the performance measures:</p> <ul style="list-style-type: none"> • Through sector connects, capability support has been provided on various topics such as sideline behaviour, Balance is Better, best practice in youth development, as well as providing updated insights and generating awareness of emerging trends. Sports gained an understanding of different practices of Coach Development and what is provided by each code. This helped identify where the gaps were in order to provide future workshops that will suit the needs of the sports. This covers fundamental coaching skills, rather than focusing solely on sport-specific training. Key topics for these courses will include behaviour management, conflict resolution, neurodiversity, and mental skills. <p>We presented resources that will support RSOs and clubs. These included hints and tips for coaches and participants, Balance is Better and youth engagement, a coaching checklist, information for onboarding coaches and establishing a collective vision, expectations, and support systems. Sport Canterbury engaged the Halberg Foundation to have the Mid and South Canterbury Halberg Advisor attend the Sports Sector Connect. This provided</p>

	<p>an opportunity to strengthen connections between the advisor and local community sport organisations. The collaboration aims to support and encourage various sports codes to become better equipped to offer inclusive sporting opportunities. Additionally, the connection for the Halberg Foundation and local sports codes aids in supporting the new Disability Play Partnership initiative that has recently launched in our community. Insights from the sector connect established challenges with retention rates at secondary school and young adults, and the difficulties associated with traveling to other towns. We will be working towards supporting a potential solution involving collaborating with various sports codes.</p> <p>Over the reporting period the below has taken place in the Sport Canterbury Healthy Active Learning space:</p> <ul style="list-style-type: none">• As part of the Healthy Active Learning initiative, we have successfully implemented three comprehensive professional development sessions specifically tailored for our staff. These sessions emphasised the importance of quality physical education, covering essential skills such as running, jumping, and throwing, as well as strategies for integrating movement into daily activities. Designed with the busy schedules of teachers in mind, these engaging sessions have reached an impressive total of 50 kaiako (teachers). Our goal is to empower staff by bolstering their confidence and enhancing their skills in delivering dynamic, movement-based learning experiences for their students. These kaiako professional development sessions are planned to continue as termly sessions into 2025 offering not only a space for continued professional development but also connection opportunities, which is especially valuable in our community.• Sport Canterbury promoted and aimed to enhance play during Play Week 2024. Throughout this week, Sport Canterbury organised various play activities during break times at five Healthy Active Learning Schools. They provided a diverse range of play and sports equipment across the school grounds, encouraging students to explore and engage in play independently.
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	<p>By collaborating with kaiako (teachers), Sport Canterbury gathered feedback from students about the activities and equipment they enjoyed most. This valuable input enabled one school to gain insights, which they used to purchase new equipment for their students.</p> <ul style="list-style-type: none">• Sport Canterbury continues to support the PALS (Physical Activity Leaders) initiative within our Healthy Active Learning Schools. Following along from the PALS full day training sessions, Sport Canterbury worked directly alongside 80 students to support their PALS leadership responsibility.• Sport Canterbury is actively engaged with our Healthy Active Learning schools to connect with our community's tamariki (children). During the reporting period, Sport Canterbury supported Tinwald School by facilitating Tinwald Choice Time, which included two sports-based afternoons, activating 60 children with multisport games. Additionally, Sport Canterbury worked with St Joseph's School, providing a careers talk for their Year 7 and 8 students, sharing our roles and career opportunities within sport. We were also able to work with a local sports provider to support in facilitating an orienteering afternoon for St Josephs year, 4, 5 and 6 students. This seen approximately 80 tamariki being active and exploring the Ashburton Domain green spaces. Sport Canterbury facilitated a sports club at Wakanui School that ran over a 10-week period. This club not only taught various sports and games but also focused on instilling values of sportsmanship, fair play, and leadership. Sport Canterbury were able to provide hands on support to Rakaia School Athletics Day, which incorporated Dorie and Ashburton Christian School tamariki. The station the Healthy Active Learning team facilitated showcased an alternative approach to traditional athletics, that was participation focused while still providing run, jump and throw movements.• Sport Canterbury were able to assist Mid Canterbury Hockey in providing our Play Trailer to be utilised at their Hockey Tournament held in September last year. Through sharing this resource, we were able to continue play
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	<p>enablement, enhancing play opportunities for both players, additional family members and spectators to use during the Hockey tournament.</p> <ul style="list-style-type: none"> Hampstead School have accepted the invitation to be the first geographical pinpoint location for a Neighbourhood Play System (NPS) in Mid Canterbury. The Neighbourhood Play System is a blueprint and approach developed by Sport NZ Ihi Aotearoa to explore a more sustainable approach to developing and managing the conditions for quality play within a defined footprint. The model explores the entire neighbourhood and community, and reflects the understanding that play is not confined to specific areas. NPS is about building and fostering partnerships and relationships and working with community to grow access to play for all tamariki within a defined neighbourhood and community footprint. Sport Canterbury will continue work on this mahi through 2025, working alongside Hampstead School, some organisations working in Hampstead, and the Hampstead community, ultimately collaborating to help bring to life play projects that suit the needs of their tamariki, whānau, and communities within the neighbourhood. The Neighbourhood Play System Sport New Zealand - Ihi Aotearoa
Providing	
<p>C1- Work and partner with play, active recreation, sports providers and other community organisations to support initiatives that increase physical activity to tamariki, rangatahi, inactive adults and priority populations.</p> <p>C2- Funding and Tū Manawa Active Aotearoa.</p>	<p>Sport Canterbury continues to provide opportunities to participate and engage in/with play, active recreation and sport.</p> <p>Over the past 6 months, the following progress has been made against the performance measures:</p> <ul style="list-style-type: none"> Sport Canterbury continues to work alongside the Sport Coordinator role that provides physical activity within 6 Ashburton Schools. Sport Canterbury provides support to this role to ensure the needs of our schools are met. This has led to the facilitation of meetings with the Cluster School Principals and Primary Sports Canterbury. Primary Sports Canterbury expressed their interest in expanding and developing the Sport Coordinator role to capture additional Mid Canterbury schools for 2025.

	<ul style="list-style-type: none">• Sport Canterbury Healthy Active Learning facilitator worked alongside Basketball NZ to identify a deserving school to be recipients of a new Basketball Hoop. The gifted hoop is height-adjustable catering for younger and older players. Due to the addition of this hoop, the schools younger tamariki now have a fit for purpose hoop. In addition, the schools year 3 and 4 Miniball teams are now able to have their Miniball practice at school.• Sport Canterbury facilitated the collaboration between nine Healthy Active Learning Schools and five sports codes, creating an effective process for schools to schedule sessions with sports organisations. This collaboration allows for in-school sporting opportunities, enabling tamariki to engage in hands-on experiences with various sports. As a result, it not only provides sport opportunities but boosts the confidence of our tamariki to explore and try new sports. Sport Canterbury collaborated with both the Healthy Active Learning Leads and Sport Code facilitators to ensure that expectations would be met. Focusing on a child-centred approach and working through a guide of expectations, which both collaborating partners could discuss and agree upon.• There are currently six providers that deliver ACC Live Stronger for Longer approved community strength & balance classes in the Ashburton District. Across these providers, there are 26 weekly classes on offer for older adults, ranging in style from Line Dancing, Steady As You Go, Tai Chi, Yoga and Aqua classes. With more than 300 places available per week to attend an approved class, the Ashburton district had a total attendance across these classes of 4,321 for the July – December period.• Sport Canterbury supported the local facilitation of a Rural Women’s New Zealand Conference by delivering an engaging presentation on the importance of women’s health and wellbeing. The presentation covered topics such as healthy eating, staying active, mental and emotional wellbeing, and aging well. It sparked meaningful discussions and created a
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	<p>safe space for participants to share their thoughts and feedback, including stories about local classes they use to stay active.</p> <ul style="list-style-type: none">• Sport Canterbury continues to work in collaboration with the Mid Canterbury kahui ako that enables 4 termly COSARS events. (Connection of small and rural Schools) these termly events aim to foster relationship building and connection opportunities for our rural, primary school year 7 and 8 students. Sport Canterbury value the impact sport and active recreation have in enhancing connection and relationship building and are proud partners in these events. Sport Canterbury worked alongside Ray Nicholson, local orienteering provider to enable 45 tamariki to participate in term 4s COSARS event.• Sport Canterbury collaborated with Halberg to promote and deliver the Disability Play Partnership in the Mid Canterbury region. Acting as facilitating partners for the initial three-week initiative. Sport Canterbury documented the event to share and promote the Disability Play Partnership, aiming to encourage attendance and highlight the importance of inclusive play for individuals with disabilities.
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Sport Canterbury has continued to support Ashburton College throughout the first year of the Active As project in 2024. Active As is a Sport New Zealand Ihi Aotearoa pilot project that aims to increase physical activity levels of less active rangatahi, enhance the wellbeing of those rangatahi, and positively impact education outcomes within Ashburton College through physical activity opportunities that have been designed by students at the school. From July-December 2024, the following has happened within the Active As project:

- Another trip to EA Networks where students were able to choose a sport or recreation activity to participate in. Across five weeks, each year level would go on a bus to EA Networks to experience a 'have-a-go' opportunity with a range of sport and recreation opportunities. The aim of this trip was to

	<p>connect students will local providers and encourage them to utilise local sport and recreation facilities. The following organisations and people were involved in this event: Mid Canterbury Rugby, Mid Canterbury Basketball, Mid Canterbury Cricket, Mid Canterbury Netball, Mid Canterbury Pickleball, DanceWorx, Futsal games run by a local personal trainer, and Circuit, Step and Spin classes run by the staff at the EA Network Centre.</p> <ul style="list-style-type: none">• Two Colour Run events were held at Argyle Park. Broken down into Senior Students and Junior Students, students participated in an obstacle course set-up around Argyle Park which throughout had teachers and student leaders running game stations such as Corn Hole, Hopscotch, Tug-o-War, Ring Toss, Egg and Spoon Race, Wheelbarrow Race, Three-Legged Raced and Army Crawl nets, as well as throwing coloured chalk paint at students as they completed the course. Students could run, jog, walk or navigate the course how they wanted. The course was designed to allow for accessibility needs of students, and The Y from Timaru and Ashburton came down for the two weeks to have a non-paint area in the middle of the loop for students to engage with similar games as above, just without having paint thrown at them. The aim of this event was to create an inclusive active recreation event that fostered connection amongst students and teachers, as well as incorporate the school House System to promote pride and participation. Students were allowed and encouraged to come to school in non-uniform that day and represent their House Colour.
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- Term 4 saw a collaboration between the College and the COSARS (connection of Small and Rural Schools) programme. An opportunity was identified to connect the two programme in early 2024, as current students at Ashburton College discussed how overwhelming the transition to the College can be as a Year 8 student going into Year 9, and thought physical activity could be used as a vehicle to increase feelings of belonging and connection amongst these students before they start the following year. This resulted in four events taking place: Longbeach School Transition Morning, COSARS Amazing Race Morning, Rakaia School Transition Morning, and COSARS YMCA-Style Games Morning. A rotation slot during Orientation Morning where all Year Eight students who are attending Ashburton College in 2025 also took place. During the 30-minute rotation, 50+ students and their teachers experienced a presentation from Darion (Sports Co-

	<p>Ordinator) and Cheyenne (Active As Lead) about sports and activities on offer at Ashburton College, and what Active As was, as well as playing some Active As games that they will see experience in 2025. The aim of this activity was to make the transition for incoming Year 9 students, particularly those coming from smaller schools easier, and make them feel a part of Ashburton College before they begin the following year.</p> <ul style="list-style-type: none">• Tū Manawa Active Aotearoa provides funding for the delivery of quality play, active recreation, and sport opportunities for tamariki and rangatahi. Tū Manawa seeks to remove barriers to participation and has a particular focus on those who are less active. These priority population groups include girls and young women, disabled tamariki and rangatahi and less equitable communities. From July to December 2024, the Tū Manawa Active Aotearoa fund, administered by Sport Canterbury, has provided \$20,304.00 in support to five Ashburton organisations. This funding was allocated to three sport initiatives and three active recreation initiatives. The recipients of this year's funding include Ashburton Borough School, EA Networks Centre, Mid Canterbury Netball, Mid Canterbury Rugby Union, and YMCA Mid Canterbury.
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