

Objectives as per contract	Report on progress against performance measures as per contract
Leading	
A1- Advocate on key strategic issues relating to play, active recreation, and sport.	We continue to advocate for play, active recreation, and sport in a range of settings and communities, and continue to monitor emerging trends and issues in this space.
A2- Utilise and undertake research to inform strategy and programme development to ADC staff.	Over the past 6 months, the following progress has been made against the performance measures:
A3- Maintain and develop working relationships with key stakeholders and community groups to enhance play, active recreation and sport. A4- Ensure spaces and places meet the needs of the community to increase/improve participation in play, active recreation and sport. A5- Celebrate success.	 In partnership with Squash New Zealand, Sport Canterbury is supporting a review into squash facility provision in Ashburton following the release of Squash New Zealand's 2022 strategy where insights pointed to this review being a high priority. Sport Canterbury have supported the writing of a project brief that is about to go to tender. Sport Canterbury will continue to support this review with the successful tender recipient to achieve the best outcome for Squash in Ashburton. Sport Canterbury continues to maintain and develop working relationships with key stakeholders and community groups. This is evidenced in the last 6 months, through membership on Safer Mid Canterbury, Welcoming Community Advisory Group, EANC User Group and Skills Park Steering Group, as well as other groups when needed. Through this, the following has been achieved/progress has been made: For Safer Mid Canterbury, Sport Canterbury's Strength and Balance Lead provided elderly support through a workshop on Strength and Balance for the community. As part of the Skills Park Steering Group, Sport Canterbury contributed to the creation of a design brief for the park, ensuring that play, active recreation and sport was considered in the brief, and the needs of participants were front and centre.



	 As part of the Immigration Network Group, Sport Canterbury provided \$6,000 of funding through the Tū Manawa Active Aotearoa Fund to enable new migrants to participation in swimming lessons and sport activations that meet their needs. Sport Canterbury in collaboration with ADC, endorsed Rakaia Rugby Club to Lotteries New Zealand. This led to Rakaia Rugby Club successfully gaining \$350k of funding for clubroom and changing areas upgrades/redevelopments. Sector Connects have also been facilitated termly, with attendees from key Sports Organisations in attendance. See below (enabling section) for further information. Sport Canterbury continues to celebrate success, with the following achieved/progress being made: We continue to utilise our Sport Canterbury – Mid Canterbury Facebook Page which has 233 likes and 304 followers, enabling far reach of community success stories and awareness of Play, Active Recreation and Sport. An example can be found by clicking <u>here</u>. We continue to maintain a positive working relationship with ADC through our connection at EANC where Sport Canterbury and ADC staff are able to connect as required.
Enabling	
B1- Grow and develop the capability of individuals and organisations to improve play, active recreation and sport levels and make healthier choices for their communities.	We continue to enable individuals and organisations to improve or support play, active recreation and sport levels and make healthier choices for their communities. Over the past 6 months, the following progress has been made against the
	 Performance measures: Through our termly sector connects, capability support has been provided on various topics such as sideline behaviour, Balance is



Better, best practice in youth development, as well as providing updated insights and generating awareness of emerging trends.

- Through Healthy Active Learning, 5 professional learning development sessions have been held, enabling capability to be developed in 75+ teachers and support staff. These sessions covered a range of topics that relate to Healthy Active Learning outcomes, including how to give effect to Te Tiriti o Waitangi.
- A full day hui was held with senior leaders and principals of Healthy Active Learning schools where training and upskilling was provided on the topics of 'wellbeing in strategy' and 'effective consultation'. Over 85% of attendees improved their knowledge of these topics as a result of attending this hui, and will utilise this knowledge to create their new strategic plans (due in March 2024), and set up a long term plan for sustaining health and wellbeing in schools.
- 10 playground mapping and play activations have been undertaken (insight gathering activities) with Healthy Active Learning Schools enabling 5 reports with recommendations on play enablement to be produced and provided to schools to support them to improve play levels.
- 9 Healthy Active Learning schools have been supported by Sport Canterbury to undertake student, whānau and teacher voice surveys to understand their experience of health and PE at school, and to support recommendations for changes/adaptions moving forward. These surveys have informed Sport Canterbury's workplan into 2024, and have deepened relationships with schools and whānau.
- Sport Canterbury supported 2 Connection of Small and Rural Schools (COSARS) events, that enabled 75 students from 7 different (non-Healthy Active Learning schools) schools to participate and be exposed to play, active recreation and sport opportunities. Sporting organisations support these events to enable these Tamariki and rangatahi to participate in new activities. Read more about this



	 here: <u>COSARS Opportunity For Tamariki and Minor Sports</u> (<u>sportcanterbury.org.nz</u>) Sport Canterbury launched their Women and Girls Strategy which focuses on creating and equitable physical activity system that is safe, understanding and enables them to unleash their potential (as women and girls). This will support the increase of participation rates of women and girls in all aspects of physical activity, with action plans ready to launch in 2024.
Providing	
C1- Work and partner with play, active recreation and sport providers and community organisations to best meet the needs of the community with a focus on priority populations.	Sport Canterbury continues to provide opportunities to participate and engage in/with play, active recreation and sport.
	Over the past 6 months, the following progress has been made against the
C2- Support initiatives that increase physical activity to Tamariki, Rangatahi	performance measures:
and other priority populations. C3- Funding and Tū Manawa Active Aotearoa.	 Sport Canterbury continues to support the Sport Coordinator who provides physical education services to 6 schools across the Ashburton region (as a collaboration initiative between the schools). With a new coordinator on board, Sport Canterbury have been able to provide 3 training sessions and undertake 2
	observations to enable this role to best meet the needs of the school communities. Weekly support is also provided to this role to ensure the best outcomes are realised alongside a termly review process.
	 Sport Canterbury supports 5 sporting organisations with regular training as well as connection-to-school opportunities to enable in- school sport experiences to be available for all 10 Healthy Active Learning schools.
	 Sport Canterbury provides a Physical Activity Leaders (PALs training day) for Tamariki of 9 Healthy Active Learning schools. This training equips Tamariki with the skills and qualities to enable them to run physical activity opportunities and experiences in their own schools. Over the course of 2023, Sport Canterbury provided



tailored support to schools following the training day to ensure that PALs were utilised and providing the best experience they can. Through this, PALS provided an opportunity for students to be active who would usually be inactive in 75% of schools, therefore increasing participation rates.

- Sport Canterbury worked with MC Netball to provide a video of MCN no limits netball. This meant a resource was created to advertise and encourage participation at no limits netball, providing further opportunities for disabled people to participate in physical activity. See the video here: <u>There is no limits to Netball in</u> <u>Mid-Canterbury (sportcanterbury.org.nz)</u> Furthermore, through a partnership approach to funding (between Sport Canterbury, Netball NZ and Disability NZ), the programme remains free for participants, further removing barriers to participation.
- Sport Canterbury continues to distribute the Tū Manawa Active Aotearoa fund. This fund has supported 10 organisations with a total of \$65,550 being distributed to enable 6 play, 2 active recreation and 2 sport initiatives to take place. This fund prioritises women and girls, disabled Tamariki/rangatahi and those living in high deprivation as well as ethnic minorities.
- Through the Strength and Balance initiative, 6 providers have been accredited to support over 300 older adults to participate in strength and balance exercise over the past 6 months.
- Through new Sport New Zealand investment, Sport Canterbury has supported Ashburton College in the Active As project. This project focusses on increasing participation rates and school attendance. With Sport Canterbury's support, Ashburton College successfully gained \$360k of funding (to be distributed over the next 3 years 2024-2026) to deliver participation-based events that focus on play to support increasing students' activity levels.