

Bringing you the News from Carew in the south to Alford Forest in the north and all places in between.

Staveley Ice Rink Update

Wow! What a start to the season for the Staveley Ice Skating and Curling rinks. We have had over 5700 people visit the rink in the first 22 days of opening. We're blown away by the support of the community, and are loving having a space to catch up and roast Marshmallows again.

A massive thank you to everyone that has helped to get us here, bring on another 60 years of skating!

At this stage we will be open to the end of August (weather dependent) so if you haven't made it to the rink yet, you still have time. We would love to see you. Remember to book. We have lots of frequently asked questions on our new website, plus our opening hours.

We now have a few more Private Booking spaces available. Let us know if you would like to book your business in for a mid winter get together. Check out our website for info, or pop us and email. <u>staveleyicerink@gmail.com</u> Friday night is Curling night so if you want to learn how to curl or just

A COMMENT:

Adventure tourism, somehow that is what life appears to be about these days. Something or somewhere where there is a thrill where the adrenalin flows full and fast. There are all manner of ways one can achieve and experience this high adrenalin experience if one wishes. Speed is often what is sort after but not always, what is sort after is activities with a high risk of serious injury and perhaps a medium to high risk of death. Extreme skiing, white water rafting, competitive mountain bike riding, High speed motor racing and so the list goes on.

Perhaps it is human nature to attempt to extend ourselves a little further that anyone has gone before, this is often enabled by the development of new safety measures and physical fitness together with greater knowledge and time to prepare, to prepare for what I would label extreme activities. It is not surprising that the current generation of younger people have a keen desire to outdo what the older generation achieved, after all each new generation starts where the previous one finished, this makes for a challenge, a desire to move to greater things. The wheel has been invented but then while there is no occasion to invent the wheel is there a place to invent a better wheel? That, I am certain is often the case, an item is developed it is a breakthrough but always or very nearly always folk will use it and, in the process, find a way to improve, make it easier to use and more efficient to operate. The skill surely is to learn from each other, to learn from the errors of past times, to master and make use of recently developed technology and processes. I watch in awe and wonder when I see skate boarders and cyclists perform, (I am watching on my colour tele) they travel at speed to the top of a mound fly into the air flip several times and then land on their wheels and continue on their way. This to me is very clever and an amazing feat, how do they do it, I could never have done that. It is obviously a thing one would have to work on and slowly build up to, and I guess learn from others that have gone before them. I believe that one of the real skills of living is to learn from those who have gone before us, and we naturally have a healthy desire to improve on their

come and watch, book in. Note these sessions are popular so get in before you miss out!

We are looking to fundraise for new Curling Stones so if you would like to donate and have your name engraved on the stone let us know, The cost is \$500 for an engraved Stone. As we are a charitable trust you can receive 33% tax back on the donation. Email us @ staveleyicerink@gmail.com if you are keen. We are updating our Sponsorship Boards ready to get made up in the next month and will be contacting everyone that has sponsored over \$1,000 to make sure we have the right name for the Boards, Thanks again for all your support!

Our next project will be a new Bridge so will keep you all updated on how we go with that.

Thanks again! Staveley Hall Society

achievements. But it is not just those that have gone before we also learn from those nearby, I walk my dog and observe what others are developing in their garden or how they go about cleaning their car or house or driveway. We discuss matters of concern and interest with friends and family in the hopes of finding an easy solution, it is a matter of sharing what we have, something that we can all benefit from.

I have wondered, I started discussing the risks we take from extreme activities, we are fortunate that folk living well before our time were prepared to take risks. If no person had ever taken the risk of flying through the sky or diving to the depths of the ocean or even sailing around the world, where would we be today, back in the stone age chewing on a raw leg of goat, it doesn't bear to think of. Today we are able to fly to the far side of the world and perhaps one day soon to the moon in safety and comfort. Yet the first men that flew planes took great risks which in some instances cost them their lives. I do wonder what man can benefit from when some choose to extreme ski or white-water raft through seriously dangerous gorges, or venture into the Himalayan mountains to scale some of those treacherous peaks which have seldom been climbed.

Of this past week the news, amongst much else that we wished did not exist was the disappearance of a small deep-sea submarine known as Titan that four men had paid a high price to venture to the floor of the Atlantic Ocean in the hopes of viewing the remains of the passenger ship Titanic which as we know sank on its maiden voyage over one hundred years ago. This mission failed the four passengers plus the pilot lost their lives, the vessel imploded which as I understand it collapsed under the heavy pressure of the ocean while submerging to near to four thousand feet under the Atlantic Ocean. So ends another chapter in the saga of the Titanic it has been examined successfully on several occasion, but this one failed, they were brave men to venture so deep under the ocean. The news report stated, to quote "These men were true explorers who shared a distinct spirit of adventure, and a deep passion for exploring and protecting the world's Oceans." They now share the watery grave with many of those of the fateful maiden voyage of the Titanic.

Until next time Denis

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ISSUE SEVENTY EIGHT

What to say to someone who's very sick

When someone tells us that they or a family member have received a terminal diagnosis, we are often lost for words. Here are a few hints on finding the right words, listening well and how to offer help.

Don't say, "It's going to be OK."

Trying to reassure a friend or loved one that everything will end up just fine is unrealistic. If you're struggling for a way to say something meaningful, one or more of the following phrases may be useful: I'm sorry this is happening to you. This must be hard news for you to share. I'm here for you.

But do say something.

Even the nicest, kindest, most loving people in the world sometimes ignore or don't know how to face the elephant in the room. It is all right to admit that you don't know what to say and a simple "I love you" or "I'm thinking of you" is fine. If you're really stumped about what to say, it's OK not to address the illness directly, but ask what you can do and to make sure the person knows you're there and available.

Do make clear that you'll be there for them.

Don't wait for the person to ask for help because the chances are that they won't.

A card or email, a meal, picking up meds or coming over

one day to wash clothes, clean the kitchen or bathroom are all simple, practical things that you can do. Be as specific as possible about any potential assistance.

Do try to create a semblance of normality.

That means bringing the outside world to the person who is sick. They also need a break from their disease. Continue talking about all the things that you used to share. If possible include the person in outings and events, remembering that they may not have the stamina to be out in the world for more than an hour or two.

Do be a good listener.

When having a conversation with someone who is unwell, it's important that you have the mindset that you'll sit and be present. Resist the urge to begin talking if there's a moment or more of silence. Remember, in some situations, silence is golden. Your friend or loved one may feel comfort just being in the same room with you, knowing you are there for them.

If you or someone you care about has a life limiting illness and would like our support, contact us on 307 8387, or 027 227 8387 or email manager@hospicemc.nz.

See also our website <u>www.hospicemc.nz</u> and look for Hospice Mid Canterbury on our facebook and Instagram pages.







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ISSUE SEVENTY EIGHT



Jeff Donaldson

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ISSUE SEVENTY EIGHT

Agrikids from Mt Somers Springburn School Win Grand Final At FMG in Timaru

The Mount Somers Springburn School Agrikids Flynn Wallace (12), Georgia Heaven (11) and Charlie Clark (12) would like to thank the community for all their support in getting to the Grand final of the Young Farmers competition We were well supported by our local farming community businesses and local groups. A huge thank you goes out to the Foothills Young Farmers who put together a training day and sponsored shirts for the event. We are lucky to have such a supportive club. To VetEnt for sponsoring beanies- perfect for the -2 degree start to the competition day and Paul & Kerry Harmer at Castle Ridge sharing their knowledge and giving us competition strategies. In Timaru for the first day's opening parade, we placed in the top 4 for our Legendairy team banner (courtesy of the very creative Maryann Heaven) and costumes.



Charlie Clark, Murray Grant with a fellow representative from New Holland, Flynn Wallace, and Georgia Heaven with their 1st place plaques.

On the competition day we competed well, winning both the Quiz and the Modules. Some tasks we were required to do were securely and safely load a quad bike, set an A-B line and drive a New Holland tractor, and recognise insect pests. A solid enough performance in the race off meant all our training and help over the past few months really paid off and we came first! Jack Foster and James Clark -(formally Mt Somers/Springburn school) from Mt Hutt College would also like to thank our community for their support enabling them to get to the finals. Some of their Grand final tasks were building a planter box and a 5-bar gate, setting up auto steer and a sprayer on a tractor, fencing, grafting and a speech. They also won the exam and



Rochelle Taylor from FMG, Georgia Heaven, Flynn Wallace and Charlie Clark



Peter O'Connor (Aorangi Young Farmer contestant and 2nd place getter) Jack Foster and James Clark, Mt Hutt College Junior Young Farmers 3rd place, industry award presenter Marty O'Connor from Ravensdown.

their modules and ended up with a commendable third placing. They are keen to try again in 2024, to better this result.

Some of the training was done for both teams together. Their extra thanks also goes to Foothills Young Farmers for the shorts, Kerry & Paul Harmer, Rhys and Kiri at Align Farms, Richard Wright- Tamar Farms insight into cattle and David Millichamp for his expertise on grafting.

Thank you again everyone who helped us all and voted for Aorangi we couldn't have done it without you!



All the Aorangi teams at the Caroline Bay SoundShell for the Opening of the competition.

James Clark and Jack Foster during Quick fire quiz 'Face Off' ISSUE SEVENTY EIGHT THE

The Old Post Office Library



Good news!!!!!

We have received notification from the Ashburton District Council that our request for the Library Grant has been granted and we are delighted! This means we have money in the bank to spend over the next year, on new books. And there is a very interesting list of new releases coming on the market. Let us know if you have any requests, particularly in the non fiction area, and we will do our best.

One book to join this genre this month is a beautiful book about New Zealand birds. 'The Brilliance of Birds' And even if you're not interested in bird books, I'm sure you will be when you see this one. It is beautifully illustrated and the text is informative and very easy to read. It would be one of the most fascinating non-fiction books I have read, and I keep going back to it. So take it out for a fortnight and learn about what we take for granted every day. Now that the Sharplin Falls walk is again accessible, it would be fantastic to be able to identify the birds you can hear and see... if you're lucky. I have finished 'Pet', the latest book from Catherine Chidgey, and thoroughly enjoyed it. It is an easy read, and holds your interest till the end. Quite a psychological puzzle and brought back memories of school where teacher's pet was a most desired state!! It meant staying after school to clean the blackboards and dusters, and helping the teacher put up the days artwork, and tidying the reading books. I'm not sure why it was regarded as an honour to do these jobs, and it was always the girls that were chosen, not the boys. I'm talking about the '50s here, I'm not sure there would be many blackboards around



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now as a teaching device. This author also wrote ,'The Axeman's Carnival ' which is another great read.

Other new books for August.....

'Once We Were Home' by Jennifer Rosner. This same author wrote 'The Yellow Bird Sings' which was a favourite with our readers when it first came out. This novel is based on the true stories of children stolen or displaced in the wake of WW 2. Described as poignant, moving, unforgettable.

'Lady Tan's Circle of Women' by Lisa See.

table that he's been intending to read for years fell over and crushed him.

The stack of books on his bedside

The latest historical novel by this excellent and popular author, inspired by the true story of a female physician from 15th century China. Highly recommended.

A new book from Kristen Hannah.....

'Another Life'...... enough said..... we have several of this author's books in the library and every one of them is a gem. I don't expect this one to be any different.

'The Art of Breaking Ice' by Rachael Mead. The front cover of this book features snow and mountains and the covering blurb...... 'even more than a great read about a remarkable pioneering woman, this is the story of a continent and the men who tried to keep it all to themselves.'

In 1960. when the legendary icebreaker Magga Dan set sail for Antarctic, she contained a secret.... hiding on board was artist Nel Law, wife of the expedition leader Phillip Law......

We look forward to seeing you in the Library as August hopefully chases winter away. Anne



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ISSUE SEVENTY EIGHT

Mt Somers Staveley Playcentre

We are now back into the swing of things with Term 3. We finished term 2 off with a Matariki Celebration. It was a lovely evening for everyone with shared kai, toasted marshmallows, a Matariki story and more! It was great to have some previous playcentre families there with us too. After our last meting in June we are full of plans for this term, including more excursions and social events! We've had a visit to the Mt Somers Fire Station and have another trip to Chipmunks coming up. Us playcentre mums are looking forward to our very own Paint & Sip evening with Playcentre Grandmother, Susie Millichamp - Playcentre isn't just for the kids!

Our enrolment list is looking very healthy which is so wonderful to see but of course we're always happy to welcome new families to Playcentre so feel free to come along to a Session to see what a usual morning with us is all about! Tuesdays and Thursdays, 9-12, 50 Pattons Road, Mt Somers.











THE NOR'WESTER

AUGUST 2023

Walk Geraldine Bush Trail 19th July Ladies enjoyed walking around Geraldine bush, out on the

streets and visiting a beautiful historic homestead Waitui.











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Mid Canterbury Rural Driver Licensing Scheme

Funny how time flies, it only felt like a couple of years ago that Marie from Safer Mid Canterbury saw a need to combat loneliness and isolation in the rural communities. Safer Mid Canterbury had a vision as to what impact having a driver's license would have on our newcomers. They then teamed up with the Mid Canterbury Rural Support Trust, sourced funding and the Mid Canterbury Rural Driver Licensing Scheme was born.

That was six and a half years ago and here we are today with our twelfth group beginning the journey towards making new friends, becoming independent and gaining a driver's license.

And this group is full of newcomers. Apart from two participants, the rest have been in the country for only three to four months, so totally new to New Zealand .

They are all out in the country and needing a ride into town, so we are having a great time driving around the district picking them up. Thank goodness for our amazing volunteer Neroli who helps me with pickups. We wouldn't get them all to class if it wasn't for her. That is one of the challenges of running a driving programme for rural people. They can't get to class unless their husband is on a rostered day off so we provide transport so they can participate.

The other challenge is getting them matched up with a driving mentor. Most of our mentors live in town and our students don't. We are grateful to our mentor for making the trip out to their students home and then back to town for the lesson. It's a big commitment to make but the mentors enjoy the opportunity to take a drive in the country and engage with their student. The rewards are many as they take great pleasure in seeing their student achieve their goals. And we do our best to help by reimbursing petrol costs and providing support.

Many thanks to the Ashburton District Council and COGs for recognising the work we do and supporting us with funding for another year. We are so grateful to our generous funders because without them we wouldn't be able to help so many people.







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Group Twelve

If you would like to be part of this amazing programme, either as a student, driving mentor or to volunteer in other ways, we would love to hear from you. Please contact Wendy Hewitt on 027 611 3301 or wendy.hewitt@safer.org.nz

We are also on Facebook, just search for the Mid Canterbury Rural Driver Licensing Scheme.

The Mid Canterbury Rural Driver Licensing Scheme is proudly sponsored by MPI, Waka Kotahi, The Lotteries Commission, Advance Ashburton Community Foundation, The Ashburton District Council, Braided Rivers Community Trust, The Lion Foundation, COGs, Community Trust Mid & South Canterbury and The Mid Canterbury Rural Support Trust.

Wendy Hewitt Rural Licensing Co-Ordinator Safer Mid Canterbury 44 Cass Street, Ashburton 7700 Ph: 027 611 3301 wendy.hewitt@safer.org.nz Office hours - Monday to Friday 8.30 am to 4.30 pm





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ISSUE SEVENTY EIGHT



Mayfield and Districts Lions Report July Report

A changing of the guard at Mayfield and Districts Lion's Club recently saw out going president Rab McDowell handover to incoming president John Rushton and a new board.

The club had a very successful year with most of the funds being generated from firewood sales. \$73000 in grants, assisting local community organisations, schools, pools and reserves.

Notable grants include \$15000 to Haven Housing in Ashburton, \$15000 to Mid Canterbury St Johns and contributions to the Staveley Ice Rink, Sharplin Falls track re-establishment and the Hawkes Bay relief fund.

Two club members, Barry Daly and Ron Cross were recognised, receiving Lloyd Morgan life membership awards for outstanding service to the community and behind the scenes organisation.

The club would like to thank the community for their continued support of donations and supplies."

Cheers

Chris Olley (Mayfield and Districts Lions, Publicity information and community concern)



Barry Daly receiving his award from Rad McDowell.



Ron Cross receiving his award from Rab.



ISSUE SEVENTY EIGHT

1

Rab handing over to John Rushton.





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THE NOR'WESTER

13



We're embarking on our next Long Term Plan and want to hear from you.

As a Council, our purpose is to promote the social, cultural, environmental and economic well-being of our district.

Have your say!

Pick a topic, fill out a short survey and let us know how you think our district is doing. Feedback closes at 5pm, Sunday 13 August.

Social Well-being

Our people and whether their basic needs are met, such as education, health, financial and personal security, along with our strength of community networks.

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Economic Well-being

Whether our economy can generate the employment and wealth necessary to provide for our community's social well-being requirements, such as health, financial security and equity of opportunity.

Environmental Well-being

Whether our natural environment can sustainably support the activities that constitute healthy community life, such as air quality, fresh water, uncontaminated land and control of pollution.

Cultural Well-being

The shared beliefs, values, customs, behaviours and identities reflected through language, stories, visual and performing arts, ceremonies and heritage that make up our communities.



The easiest way to provide feedback is online or let us know if you need a printed copy of the survey through **submissions@adc.govt.nz** or phone 307 7700.

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ISSUE SEVENTY EIGHT

Walk Lake Hood 28th June

Cloudy but no rain. 12 ladies enjoyed an easy walk around the Lake Hood, then sat by the lake for a cuppa.











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ISSUE SEVENTY EIGHT



Book of the Month – Mt Somers Library

Title: 'Signs of Life: to the Ends of the Earth with a Doctor' Author: Stephen Fabes Publication year: 2020

A review by Elles Smallegoor

After cycling through Chili with his brother in his late teens, 29-yearold London doctor Stephen Fabes keeps coming back to thoughts of cycling. He feels it is time to get on the bike again. However, this time it is not for a couple of weeks. It will be years. He aims to cycle through all of the earth's continents, sometimes on his own, sometimes accompanied by a friend, a girlfriend or fellow traveller. Work in a London hospital has become routine and somewhat burdensome. It's a challenging job with a lot of responsibility. Daily, he decides over matters of life and death. How lovely and adventurous will it be just to determine where to cycle, what to eat and where to sleep. And so the journey begins: from London he heads east towards Istanbul, down south through Syria, Egypt and along the east coast of Africa to Cape Town. After flying to the southern most tip of South America, he heads into Chili once more, up and up along the Pacific coast towards Alaska. He flies to Melbourne and cycles again, in Indonesia and South East Asia, through China and finishes in Europe again.

Some people ask him why, why on earth would you do this to yourself?! He knows it is slightly insane. He knows he is going to suffer (and he sure does: he will have a knee surgery and a gun pointed at him, he will have dengue fever, altitude sickness, fire ant and mosquito bites and numerous mechanical failures. He will be chased by packs of dogs and snowball- or stone-throwing children. He will be pelted with hail

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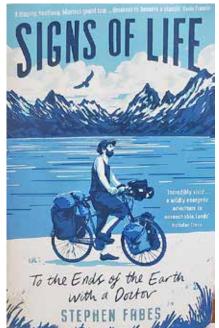
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ISSUE SEVENTY EIGHT



and rain and slowed down by mud and frost. And yet something about the whole crazy project draws him:

To lie sleeplessly on salt flats. To be endlessly stupefied by the kindness of strangers. To eat well, or at least copiously, and have earned it. To find space to think, and to laugh to myself about things too small to notice were it not for slow miles. To squat in a ruined Portakin,

very alone, pretty cold, and still feel overcome by happiness wrought from an adventure.

(p. 111)

Also, as a health professional, he will not only experience the romance of intrepid travel but also have an amazing opportunity to learn:

Two journeys then. The physical ride was the classic traveller's 'quest for anomaly', the sensory rush, the mud and wind, the adventure. But in parallel would be a journey to understand something of the forces shaping health, and, by proxy, places themselves.

(p. 155)

He visits NGOs working with impoverished communities, goes on rounds with local doctors and sees what poverty or a military regime can do to someone's health.

'Signs of Health' is Stephen Fabes' personal account of his astonishing journey. Despite the serious undertones, his travel book is a lighthearted read. Mixed in with the romance and education is a lot of highly entertaining, quintessential British humour (self-deprecating, understated and with a great sense of the absurd). At times, the writing is too fast-paced and it leaves the reader somewhat disappointed. His Australian travels, for instance, are covered in a meagre four pages. But, to be fair, the book is almost 400 pages long and it is understandable Fabes had to make some hard writing decisions to squeeze in years of cycling into a manageable piece of writing. With both funny and informative passages as well as beautiful photos to accompany it all, Fabes' book is an engrossing read.





community preschool and we currently have limited spaces available for children aged 2-5 Monday, Wednesday, Thursday and Friday.



Wednesday, **PEEL FOREST PRESCHOOL**

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ISSUE SEVENTY EIGHT





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ISSUE SEVENTY EIGHT

Mayfield Playcentre

It's great to be back for term 3 after the school holiday break, the kids have all enjoyed catching up with their friends, and their favourite activities at Playcentre! At the end of last term we had a wonderful Matariki evening at Playcentre, where we enjoyed kai together, lit sparklers and talked about the significance of Matariki. It was a lovely whanau evening that the kids really enjoyed.

The parents have been working hard keeping things running behind the scenes, updating and refreshing all the different areas of play/activities to keep things inviting and interesting for the tamariki.

We have a few field trips coming up which everyone is looking forward to, including to the Ashburton museum which is always fun and interesting,



especially in winter! We have sessions Mondays, Tuesdays and Wednesdays 9-12 throughout the school term and welcome any visitors to come and check out what we are up to!













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ISSUE SEVENTY EIGHT

Work Wanted

Part or full time work on a farm in the Mayfield -Mt Somers area for semi-retired farm worker. Experience with stock work, sheep and beef mostly, but has reared calves and worked with pigs and deer. Experienced with fencing, water supply and general farm maintenance. Ideal for farm-minding while you take a break. Contact John on 0210 246 1321 or 03 3036 144





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Neighbourhood Support

I hope everyone survived the down pour over the weekend. Apart from high levels of water and flooding, animals will be struggling with already wet ground. The stock around me certainly looked very forlorn as the paddocks filled with water and quickly turned to mud. Also went to the aid of a family member whose truck had got stuck in the paddock. A strop and a good 4-wheel drive soon sorted the problem. The climate sure is changing.

Crime Reports for June saw 2 **reported** crimes in and around the area – Westerfield with a theft and Pudding Hill with wilful damage. Be mindful of locking and securing all valuables and assets including vehicles and belongings. Sighting's of drones to be reported immediately to Police.

Fire and Emergency – check smoke alarms, flammable materials a metre from the heater, check electric blankets, keep chimneys clean.

In the meantime, keep safe and keep warm.

Sue Abel Neighbourhood Support



I have also attached a picture of one of our staff's homes and the "small creek" that runs behind them. This sits about six feet down and had risen to the brim of their back garden.

Sue Abel/ Safer Mid Canterbury



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Our Senior B games are now all over with for the season with the team making it into the Semi-Finals but going down to a very good Celtic team. Congratulations to you all for making it so far. A huge Thank you to the Coaches, Tom Kearney, Simon Chapman & Bert Oliver.

Congratulations to the 8 players that have made Mid Canterbury Rep teams, Cameron Hayes (Heartland Team) Guy Smith & James Richardson (Colts), Cooper Cudmore (U18). Rhodri Williams, Richard Nikolasion, Te Ana Proffit, Jack Holland Spinks & Thomas Johnston all made the Developement Squad. A great effort from a small club.,

Our JABs still have a few games to go and have a Gala Day in Ashburton on the 5th August.

Thank you to Thamis Heybrook for overseeing this grade and thank you to all the people who helped him by way of Coaching one of our 3 teams, all the work you put into this task has been very much appreciated.

Our Senior Prizegiving is on Saturday 5th August. All welcome. JAB Prizegiving will be held on Sunday 13th August in the clubrooms 5pm start.

Our 70th Jubilee is on 8th /9th September, All registrations can be done online, just go to the Mt Somers RFC page on Facebook or contact Liz Bell 021 1358 922.

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NEWS FROM PLAINS PRESBYTERIAN PARISH

Within the Plains Presbyterian Parish the requirement from	
PCANZ is that all buildings be assessed by suitably qualified	Interim Moderator Rev Eric Mattock
engineers and that ultimately the Church buildings and halls	Ph 307 7024
be strengthened to 67% of present day new building standards. Currently the church is classed by the engineers at 40% with the lounge and adjoining rooms at 95%.	Parish Clerks, Annette Syme Ph 303 0803 Liz Depree Ph 021889341 Parish Contacts:
The consulting firm 'Rangzen Pro" were engaged to carry out this assessment. In turn this group of consultants engaged the engineers known as 'Quoin' to carry out inspections and report on the state of buildings and make recommendations. In regard to Trinity Church Mayfield we have an extensive and thorough report. The estimated cost to meet their suggested requirements comes to a figure of \$420,000 + GST. As this is totally unaffordable and as we can describe this building as a low usage building it is necessary to explore	Kevin Taylor ph 303 6392 Kay King ph 303 6033 Website plainspresbyterian.co.nz Facebook.com/ PlainsPresbyterianParish WORSHIP SERVISES April 2023 Sunday 30th July St Andrews Rakaia 10.30 am Rev Hamish Galloway, Moderator of Assemble PCANZ Sunday 6 th August Methven 10.30 Parish Service Rev Laurence Ennor Worship leader Sunday 13 th August Methven 10.30am led by Paster Paul Eden
alternative options.	Paul Eden Sunday 20th August At Methven 10.30 Leader Mr
To this end a congregational meeting is being called as	Colin Price
follows:	Sunday 27 th August Trinity Mayfield leader Paster
A congregational meeting will be held at	Paul Eden to be followed by a congregational
Mayfield Church on Sunday 27th August foll is to be held at 10.00 am. We are requesting that Plains Presbyterian Presbytery requesting that the church be 1	Parish apply to Alpine

Presbytery requesting that the church be listed as Non-Critical and as it has infrequent usage to be allowed exemption from PCANZ ruling of 67% strengthening requirement.

MAYFIELD MT SOMERS ANGLICAN PARISH

Eight days ago we returned from Southland, after our annual trip for our younger daughter's birthday. Thank goodness we were not returning today. Overnight we had 80 mm of rain, and although the rain has eased back a bit, everything is still very wet and some roads are closed. Using modern terminology, I guess you could say it is another rain of Biblical proportions. There must be some worried farmers, who are wondering when the rain will stop, as they remember the floods of just over two years ago. I guess at this point, many will be saying that if it eases off now, it won't be too bad. After all main calving and lambing haven't started yet, and for many cows will still be away at their winter grazing.

We are high and dry here, but we do have a creek that flows through our farm, which we have to cross, as we come up our drive. On two occasions in the nine years we have lived here, we have had the creek bank up on our neighbour's side, and then pour through the boundary fence and across our drive, taking the shingle with it. The water then re-enters the stream after depositing some of the gravel in our paddock. Not a major, but a nuisance all the same. We certainly hope that terrible devastation caused by the floods two years ago, doesn't happen again.

Now a bit of history. Mrs. Greenstreet, who came here in 1863 and continued to live here until 1878, wrote to a friend that all she could

see from her windows, was water. The flooding was so bad that the North and South branches of the Ashburton River had become one river. That was probably after her husband's death. The poor woman must have been terrified. She must have wondered if Noah's flood was going to happen again! And without warning so she had no time to build a canoe let alone an ark! But joking aside, these weather events are a worry to those who are most affected, and we certainly hope and pray that the weather doesn't worsen. Blessings,

Annette Eggleston

ANGLICAN SERVICES

		Priest: Rev Annette Eggleston	
		Holy Communion	
	Aug 6	10 a.m. St Aidan's, Mt Somers	
	Aug 20	10 a.m. St Aidan's, Mt Somers	
	Sept 3	10 a.m. St Aidan's, Mt Somers	
	CHRISTCHURCH CITY MISSION - MEAT & FOOD DONATIONS (especially meat) Please contact Harvey & Annette Eggleston on 3024 006 if you have donations PARISH CONTACTS		
	Parish F	Priest - Rev Annette Eggleston	

Email: harann000@gmail.com 3024 006 Church Warden – Pauline Hewson 3036 397 Church Warden, Secretary / Treasurer - Marion Jacobson 027 3607 180 Email: marion.i.jacobson@gmail.com

Walk Sharplin Falls 12th July 16 ladies tried out the recently reopened Sharplin Falls. The new

16 ladies tried out the recently reopened Sharplin Falls. The new track is designed very well and the finishing is fantastic. Our BIG appreciation goes out to the volunteers who spent huge amounts of work to restore this amazing track.









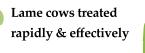


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ISSUE SEVENTY EIGHT

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Kia ora, Talofa, Mālō e lelei, Namaste, Ni Hao, Bula, Hola, and Namaste greetings everyone.

We have hit the ground running here at Mayfield School. The term started off with Ski Club and Alternative Clubs taking place on the first Tuesday back, with 18 students and 2 teachers hitting the slopes! They had a wonderful time and returned home at the end of the day, happy and tired but with full hearts. The remainder of the school attended Alternative Clubs. For this excursion we piled into our buses and headed to Te Wanahu Flat, Peel Forest for the day. The weather played its part and we enjoyed a day of outdoor activities including a walk to the big tree, bivouac building, games and a scavenger hunt. It was a great day out and so lovely to spend it in nature. Our second trip was planned for Thursday but the weather didn't quite play its part. Fortunately the Ski Club was able to still go ahead but we had to cancel the ice skating trip to Staveley that we had planned for Alternative Clubs. As you can imagine there were many disappointed children (adults included) that day! But it was a good call because the rain didn't let up and in fact it continued to pelt down all weekend long! Today we are all back at school minus our lovely staff from Methven who were unable to get here due to road closures. We are hoping for some normality tomorrow and look forward to our last Clubs day on Thursday. For this we are taking the children to the Plains Railway, Historical Museum & Ashburton Fire Museum and our skiers will hopefully enjoy a day on all this fresh snow!!!

This term is shaping up to be as busy as the first and last terms of the year! We have our Learning Journeys taking place next Monday. This is where whanau will meet with teachers to discuss their child's learning

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progress to date and set new goals. On the 7th and 8th of August we have the junior and senior Dance Champs in Ashburton, Swimming Lessons in week 7 then our Inter School Speech Competition. For these we compete with Mt Somers School and the winners of the Year 5 & 6, and Year 7 & 8 sections go through to the Rotary Speech Competitions also held in Ashburton. On Friday the 11 of August we are sending our 2 senior classes to the Hakatere Cultural Festival and later that evening our amazing Kaitiaki Group and School Leaders are running the school disco. The theme for the disco is Under the Sea. We are lucky enough to have Ethan McWilliams from Christchurch Parties supplying the sound and lighting for us. When this is all over we will then put all our time and energy into putting together a Variety Concert. This will be at the conclusion of all the learning each class would have done on a specific Culture. The Variety Concert will be a celebration of our diversity and we are inviting the staff and board, and our Home and School Committee to perform an item as well. Watch this space!!!

I am now in my second term at Mayfield School and can proudly say I now know the names of most children, and have met most parents. From time to time I slip up and reintroduce myself to parents I have already met previously, but I am getting there! Here at Mayfield I am fortunate to have a wonderful group of staff, a dedicated Board and a Home & School group that all work together to make our school vision come true. These groups of people enable our kura to continue to strive to be the best it can be, and I am very grateful for their ongoing commitment and support.

New Enrolments

Here at Mayfield School we welcome all visitors and anyone wishing to enrol their children. We also welcome children of any age to be preenrolled. If you would like your child to attend our wonderful school please pop in to see me or email me at <u>principal@mayfieldschool.nz</u> or phone 03 3036214

We would love to welcome you here. Nga mihi mahana kia koutou - warm greetings.

Aroha Stewart (Tumuaki/Principal)

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ISSUE SEVENTY EIGHT

THE NOR'WESTER

AUGUST 2023

Keep fire safe this winter

Just a Reminder

THIS WINTER, BE TOASTY — NOT TOAST!

Winter can bring a unique set of fire dangers to your home that you need to be aware of. Follow these tips from Fire and Emergency New Zealand to keep yourself and your whānau safe:



Make sure you have **working smoke alarms**. Press the test button to sound the alarm to check.



Have your own **3-step Escape** Plan. We recommend having 2

exits from every room, and a safe

meeting place to then call 111.



Keep flammable materials such as clothing and blankets at least **'a metre from the heater'** and away from any other heat sources.



Worn and **old electric blankets can cause fires**. We recommend you replace them every 5 years. Make sure it's rolled to store it, not folded and always turn it off before you sleep.



Keep those chimneys clean and clear on top/around the indoor fireplace. We recommend sweeping chimneys once a year.

Don't leave cooking unattended, remember to 'switch off before you walk off' and 'keep looking while you're cooking' — fire moves fast. Look out for your neighbours, friends and whānau who live alone that may need assistance with getting ready for winter and keeping fire safe this winter. Can you help with checking their smoke alarms? Or making sure they have a 3 step escape plan.

If you or anyone you know needs assistance with your home fire safety, please call Fire and

Emergency NZ on 0800693473.



For more safety tips you can visit our website www.fireandemergency.nz



ISSUE SEVENTY EIGHT

THE NOR'WESTER

AUGUST 2023

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ISSUE SEVENTY EIGHT



Additional support from Allied Veterinary Professionals welcomed amid workforce shortage

The Veterinary Council of New Zealand (VCNZ) is encouraging an increased use of veterinary nurses and technicians for clinical work within their scope of practice.

VCNZ CEO and Registrar lain McLachlan says, "spreading the workload among various members of veterinary teams is essential in responding to the current vet shortage in Aotearoa".

"This may mean that when an appointment is made for a minor routine procedure, animals may be seen by someone other than their usual vet."

Allied Veterinary Professionals (AVPs), which include veterinary nurses, technicians, and technologists, are trained professionals working in clinics alongside veterinarians. In any case where an animal requires specialised care and treatment, veterinarians will still be the first port of call.

"Very much like human health, where you might see a GP practice nurse, seeing a veterinary nurse or technician can safely happen at veterinary clinics," Iain says. "AVPs have their own set of standards, ethics and guidelines, so are trusted specialists in their fields. VCNZ wants to empower veterinary professionals to use their skills to the full extent."

Allied Veterinary Professional Regulatory Council of New Zealand (AVPRC) Chair Jennifer Hamlin says, "Veterinary nurses and AVPs learn a number of leadership skills in their formal qualifications. Some of these include interpersonal communication, problem solving and evidence-based practice. These skills equip them for stepping into roles where they can work more autonomously in the clinical environment."

Competent AVPs are "incredibly valuable" members of the veterinary health care team, according to VCNZ Professional Advisor Seton Butler, and are responsible for many tasks including anaesthetic inductions, intubations and prepping for surgical procedures in companion animal clinics. "They can also be the first professional called to calvings, and if needed, they can perform epidurals or prepare for a caesarean in advance of the veterinarian arriving in well-run production animal clinics."

For more information or to organise an interview with VCNZ CEO and Registrar lain McLachlan, please contact megan@ prioritycomms.co.nz

To work as a veterinarian in New Zealand, you must be registered with VCNZ and hold a current practising certificate. The Veterinary Council of New Zealand upholds veterinary standards to protect animals, people and veterinary professionals. For more information visit <u>www.vetcouncil.org.nz</u>

MAYFIELD RURAL FIRE UNIT

Annual General Meeting

Monday 21st August 2023, at 7.30pm at the Mayfield Fire Station

Members and New Members Welcome

Jan Clucas, Secretary 027

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- ✓ **Biodiversity Grant -** Funding for projects that aim to protect, maintain or restore biodiversity.
- ✓ **Trail Maintenance Fund** Grants to help maintain and enhance local walking and cycling trails.
- ✓ **Community Infrastructure Grant** Support for the development and maintenance of memorial and community halls, and reserve board infrastructure.

Applications open from 1 August to 31 August



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in the arts



ISSUE SEVENTY EIGHT