



MEETING WRAP

Our first guest speakers were from Toastmasters Ashburton and they gave us a lesson on public speaking and interpersonal communication.

Three members from the Ashburton Toastmasters came in to talk to us, Rebecca, Matt, and Mike. They gave us a task and it was to receive a topic and then talk about it for one to two minutes. It was challenging but a very helpful task to recognise our strengths and weaknesses. They also gave us feedback in a compliment sandwich; starting with a compliment, a recommendation, and then finishing it off with another compliment. This overall experience was very educational and beneficial to us as youth.

Dellwyn Moylan, the manager of Volunteering Mid and South Canterbury, based at Community House came in to discuss and get our opinions on their new idea of creating an award to celebrate the youth who are involved in volunteering. This will give our youth more recognition for their efforts and hopefully encourage more youth to volunteer.

We discussed our plans for the rest of the year and unfortunately, Covid-19 has put a stop to some. However, we do have some more things planned so keep an eye out!



EASTERLIN FAAMAUSILI
AYC member

Volunteering Mid & South Canterbury

This year Volunteering Mid & South Canterbury decided to include a youth on their volunteer Board.

This not only gives the young person governance experience it also provides a different perspective. Our youth board member this year is Janre Lim.

Janre is currently a year 12 and studying at Mount Hutt College. Originally from the Philippines, he has been staying in Ashburton since he was in year 9.

Some of his hobbies include volleyball, reading and music. He really enjoys taking up different opportunities including

being a youth member for the board of Volunteering Mid and South Canterbury. In his spare time, he volunteers around the school and outside of the school as Janre believes it is a way of giving back around our community.

He is involved in a number of groups including Ashburton Youth Council where he is the submission officer and Mount Hutt College UN Youth group which he is currently leading alongside another student. Aside from those, He feels privileged to be elected as deputy house captain for Mount Hutt College, and currently Janre is involved in three different committees namely welfare, environment and magazine.



JANRE LIM

Apply now for 2022

I have really enjoyed being on the Ashburton Youth Council this year working with a diverse range of people.

It has given me a great deal of satisfaction giving back to my community. Next year is going to be a challenge as we continue to live with Covid-19. It will be important to try and make life as normal as possible. If you have a little free time and want to help organise events and activities for the youth of Ashburton then you need to fill out an application form.

You can pop in to the Ashburton District Council or the website which is www.ashburtondc.govt.nz/council/governing-bodies/youth-council



DOM COTTER
AYC Member

Mental Health week



The Mental Health Awareness Week or MHAW has been a successful collaboration between the Ashburton Youth Council and the Selwyn Youth Council.

Through multiple zoom meeting between the two youth councils, we were able to create a plan and implement it for the mental health awareness week.

Purple shirt day was created which aimed to commemorate and raise more awareness about Mental Health. Schools throughout Selwyn and Ashburton College also helped to make Purple Shirt Day a success, making this specific day a part of their non-uniform day and fundraising money towards organisations such as Mental Health Foundation. Mental Health Awareness Week or MHAW is an annual campaign by the Mental Health Foundation to help Kiwis understand what boosts their wellbeing and mental

health. There are also the Five Ways to Wellbeing that helps improve our mental health and wellbeing: Connect, Keep Learning, Be Active, Give, and Take Notice. Using our social media platforms, both youth councils decided that using the five ways to wellbeing as content to further promote mental health awareness.

Both the Ashburton and Selwyn youth councils appreciate the help and the participation of the schools from our districts, the district councils and especially the rangatahi for making MHAW a success!



JOHN MAGYAYA
AYC Member

If you are...
**PASSIONATE
RELIABLE
COMMITTED**



Recruiting
2022



For info or to apply visit the Council website ashburtondc.govt.nz or call 03 307 7700.
Applications opens 1 October and close 21 December 2021.



'Youth Voice. Youth Council'

